

# New Heights of Northeast FL. ADT Program January 2026



Our two classrooms are:

Life Skills

Day Supports

Plus, Computer Lab & Technology Training throughout the week!


Follow us on social media to keep up with the New Heights fun!



@NEWHEIGHTSNEFL

*Need to reach us?*

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>DO NOT FORGET TO SEND IN YOUR \$10.00 DUES THIS MONTH.</b> This helps us with our cooking projects and outings.	<b>January Birthdays:</b> Sharon M. – 1/8 Dylan- 1/11 Ervan – 1/16 Alliyah – 1/18 Jill-1/28 		1 <b>CLOSED – HAPPY NEW YEAR!</b>	2 <b>CLOSED – HAPPY NEW YEAR!</b>
5 2025 Recap Video Viewing and Post to Social Media	6	7 <b>OUTING:</b> Sam's Club Supply Shopping	8	9 <b>FUN FRIDAY:</b> Fitness Friday! Wii "Just Dance"
12 Chair Exercise	13 Rights with Kindra	14 <b>OUTING:</b> Riverfront Plaza Park Please bring a cold lunch	15 2026 Vision Boards	16 <b>FUN FRIDAY:</b> MLK Bingo w/Jill
19 <b>CLOSED –</b> Martin Luther King Jr. Day	20 Science Experiments with Balloons	21	22 <b>CAFÉ CAPABILITIES</b> Presents "Buddy Brunch" <b>\$5</b>	23 <b>FUN FRIDAY</b>
26 Photography Practice w/ Mr. Anthony	27	28 January Birthday Celebration!	29	30 <b>FUN FRIDAY OUTING:</b> Lunch at the Avenues Mall <b>\$10 minimum</b>