

New Heights of Northeast FL. ADT Program November 2022



Happy Thanksgiving






Our three classrooms are: Home & Life Skills Academy
 Communication Skills Academy
 Navigating our World Skills Academy
Plus, Technology Lab & Job Skills Training throughout the week!

This month we kick off the holiday season with some fun new programs for November. We are proud to announce two new themed learning opportunities with Gnat's Facts, featuring Home and Life Instructor Rodney Gnat and Mr. Ed's Navigating the World with our Navigation Instructor Ed Rymar. Gnat's Facts will talk about healthy lifestyle choices and Navigating the World will teach us about a different country each week. The last week of November and into December will be Spirit week which is a joint effort by Chevon Redd-Brown and Shekindra Mays of our Communications Academy, to lead us in some fun ways to express ourselves. Holding down the Thanksgiving Celebration and all its preparation will be Leslie Cornelius of our Home and Life Academy. We all know she has a special flare for that. Anthony Faggiani of the Technology Academy will do his usual top-quality computer instruction and handle the media for all our events. Looking forward to a fun-filled start to the holidays - Rob

Follow us on social media to keep up with the New Heights fun!



@NEWHEIGHTSNEFL

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 National Sandwich Day Gnat's Facts with Rodney – Education on diet and portion sizes.	4 Friday Funday Donut Holes and Coffee with Angie
7 National Job Action Day Communications Academy will prepare and shop from a list at Dollar Tree	8 Dollar Store Outing for Home and Life Please bring some money if you wish to attend	9 Dollar Store Outing for Navigation Please bring some money if you wish to attend	10 Gnat's Facts with Rodney – Nutrition Goals Rights and Responsibilities with Rob	11 Veteran's Day and Friday Funday Learning about the branches of our military through media
14 Mr. Ed's Navigating the World Learning about a foreign land	15 Cooking Classes and Celebration Prep	16 CPR and 1st Aid Class We will be doing a recertification for staff with our Individuals participating	17 Home and Life to Cinotti's Getting desserts for the celebration	18 Thanksgiving Celebration 
21 Mr. Ed's Navigating the World Learning about a foreign land Gnat's Facts with Rodney Exercising for life	22 Taco Tuesday Please bring \$5.00 if you wish to buy a variety of Tacos for lunch.	23 CLOSED Thanksgiving Holiday 	24 CLOSED Thanksgiving Holiday 	25 CLOSED Thanksgiving Holiday 
28 Spirit Week Sponsored by Communications Academy Wear your fabulous funny Socks Mr. Ed's navigating the World	29 Spirit Week Sponsored by Communications Academy Bring your silly sunglasses	30 Spirit Week Sponsored by Communications Academy Do your "do" differently Try a new, wild and wacky hairstyle	Do not forget to send in your \$10.00 dues this month. This helps us with our cooking projects and healthy snacks 	<i>November Birthdays</i> Abbie – 11/18 Haley – 11/21 